



ACTIVITY BOOKLET

WELCOME TO OUR BIG BACK TO OURS ACTIVITY BOOK!



You all know we love spreading a bit of sparkle, so we thought we'd give you all something to have a bit of fun with; it's a mix of writing, drawing, crafting, dancing, and stuff to keep you busy while we can't do some of the things we want to.

The book's been written and designed by Lydia Caprani, who's a Hull designer and artist. You might have seen some of her work across the city without even realising – she paints a lot of big murals on buildings.

Each activity in this book is inspired by a different artform and will feature illustrations, puzzles and creative activities. So what are you waiting for? Get dreaming and creating those ideas...

THE BACK TO OURS TEAM



STAR STUDDER

Can you think of different ways in which people perform? List your answers in the Big Top stars!

PERFORMANCE ARTS

Performing arts is exactly what it sounds like – arts in which people perform!

This could be from singing in operas and choirs, to dancing in ballets or musical theatre shows. Use the Big Top stage to design your very own circus acts full of adventurous acrobats, captivating clowns, and show-stopping tricks! You can draw, paint or collage your ideas.

DANCE

Express yourself! Dancing uses the body to create exciting performances through movement.

Put on your dancing shoes and play memory pairs with friends and family (whilst learning a few new moves along the way!) Carefully cut out the cards in the back pages of this booklet and place them face down. Players take turns to turn over a pair of cards to try find a match. When you win a matched pair, act out the dance. The player with the most pairs is crowned Dance Champion!



FLAMENCO



IRISH DANCING



MOR



TAP



BALLET



BREAKDANCING



RUSSIAN FOLK



SOUTH ASIAN

PICASSO SELF-PORTRAIT

Inspired by Picasso's Cubism portraits, use scissors to cut out circles, rectangles, triangles and semi-circles of different sizes. Try to make your face using the shapes – the sillier the better! Add bold lines with a pen for extra detail.

VISUAL ARTS

Painting, drawing, crafts, sculpture, ceramics, photography, film and more... visual arts are a feast for the eyes!

Get an adult to help you research famous artists and try your hand at recreating their artwork. Use the easels below to sketch your ideas. When happy with your design, go big on separate paper.

MONET'S GARDEN

Inspired by Monet's Water Lilies, paint your garden or favourite green space. Use exciting, expressive brush strokes – look up Impressionism for inspiration!

MATTISSE'S PAPER CUT PETS

Can you draw with scissors? Inspired by Matisse's The Snail, draw your pet or favourite animal. Grab scissors and coloured card and attempt to recreate your drawing by cutting in a continuous line. Too difficult? Instead collage your drawings using pre-cut shapes, cut-out shapes.



MUSIC

Did you know you can make art with your voice? Music is an artform using sounds, whether that be singing in the shower or playing an instrument.

Raid the recycling, it's time to make your own instruments from household objects. Decorate your creations by collaging paper, and add patterned details with felt tips and coloured electrical tape. Once you're done gather family members for your grand performance – or persuade them to join the band!



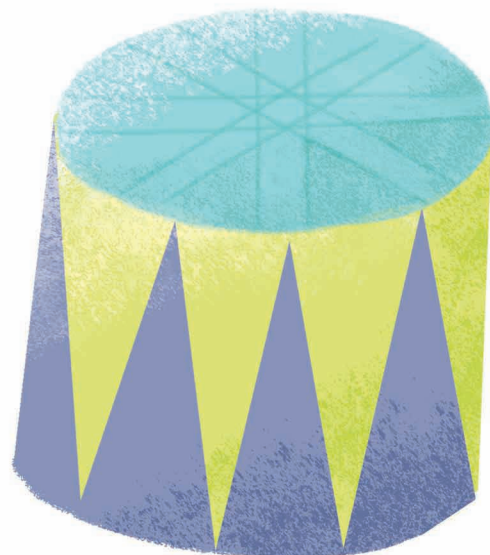
LYRICAL GENIUS

Looking for a musical challenge? Channel your inner Dolly! Try singing your poem from page three and create a unique song – who knows, you might be the next big singer-songwriter.



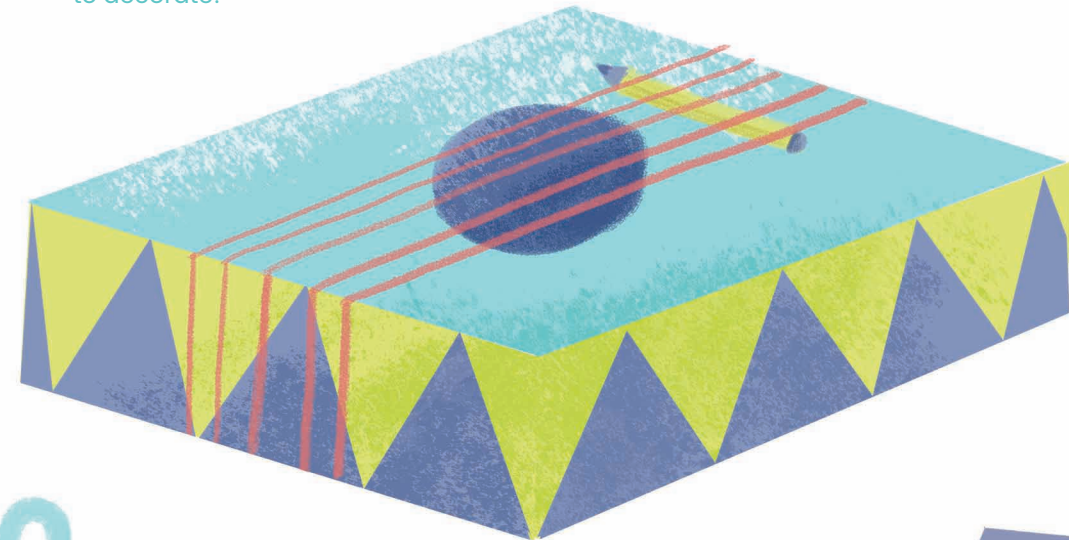
WATER XYLOPHONE

Fill up glasses of different sizes and shapes with various amounts of water. Carefully tap a spoon on each glass – how many different notes can you play? Use food colouring to make your xylophone extra special!



BOX GUITAR

Convert a shoebox or cereal box into a guitar by cutting out a circle in the centre. Stretch rubber bands of different widths around the box lengthways. Slide a pencil or straw underneath to create a bridge and you're ready – don't forget to decorate!



TIN TINS & TOM TOMS

Convert a bucket or circular tub into a tom tom drum by carefully using packing tape to create a tight drum skin. Tightly apply strips of tape across the open top, moving around the edge until it is all covered and ready to play. Have any balloons handy? Cut off the mouthpiece and stretch them over tin cans or yoghurt pots to make convincing bongos!



We hope you've had fun with our activity book!

We bring shows and exciting experiences to neighbourhoods all round Hull, so look out for us near you when things start to get back to normal.

In the meantime, you can also ask a grown up to follow us on social media so they can tell you what we're up to –

 @BACKTOOURSHULL

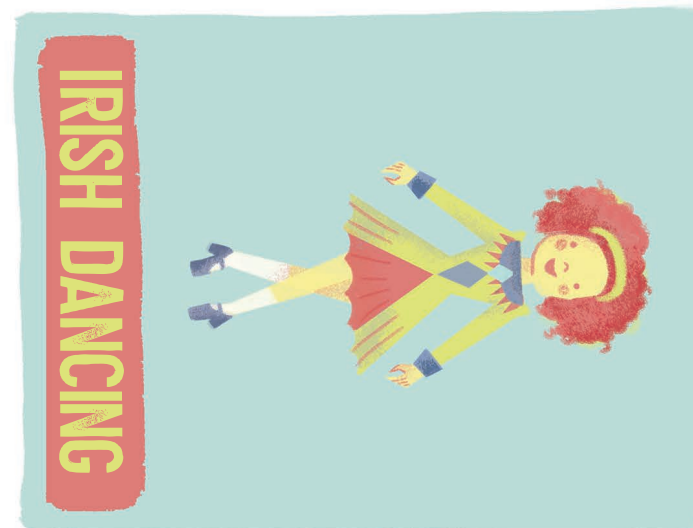
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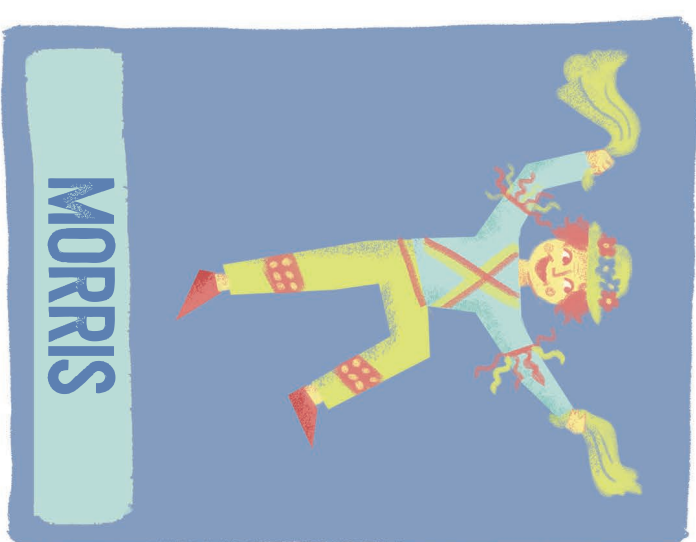
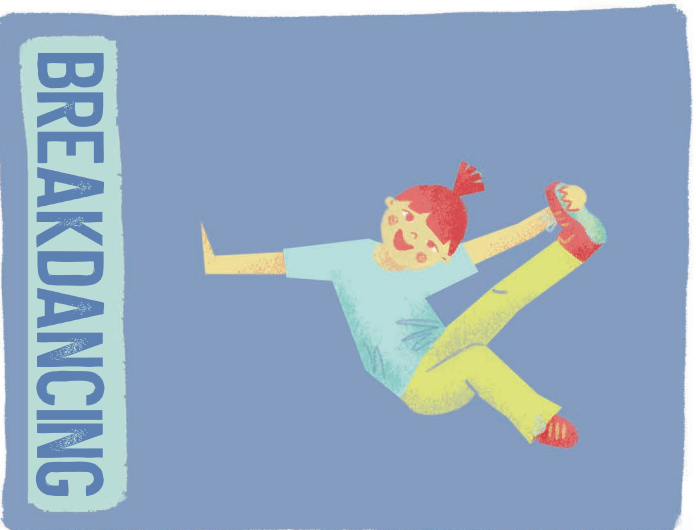
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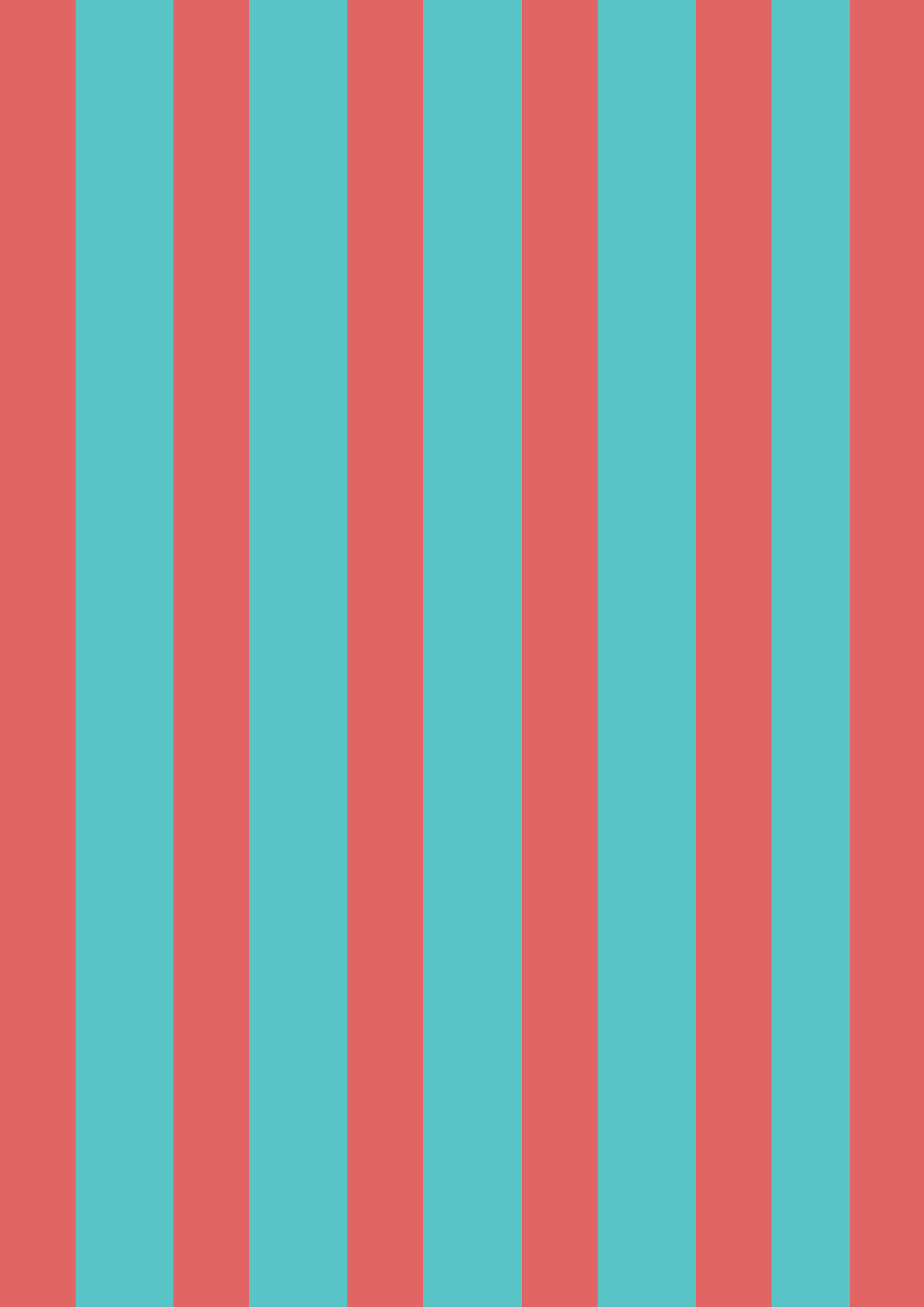




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